DAM - Watch 8 PRO

User Manual

Thank you for choosing our product! To have a comprehensive understanding and using this device, to know all the features and simple operation method, please read this manual first. The functions on the user manual may be little different with physical, please make the final products as the standard. The typing errors in this manual and discrepancies will be timely updated with the latest products. If we have updates, this manual will be subject to change without notice. Our company reserves the right of final interpretation.

Remark

This product has a built-in rechargeable lithium battery. Safety warnings for battery use: do not disassemble, strike, squeeze or put into fire; if it is severely swollen, do not continue to use it; do not place it in a high temperature environment; do not use the battery after it is immersed in water.

Do not use it when have a hot shower/bath or sauna, the vapors will get into the host, scratch damage of peripheral components. All these are beyond the scope of the warranty.

This product is not a medical device. The health data and suggestions provided are for reference only, not as a basis for diagnosis and treatment.
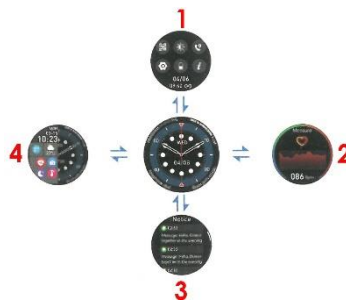
Operation Guide

Upper crown: Scroll to zoom in/out the smart menu, or switch the watch faces, tap enter the main menu, double tap to switch the menu style.

Bottom button: Hold the button to ON/OFF the device; short press the button to light the screen when screen off.

Touch instructions: Tap to enter each function, swipe right to return; At home page swipe down to enter the status bar, swipe up to the notification center, slide left to enter the favorite functions, swipe to the + add favorite functions. swipe right to main menu.

Touch instructions

1. Status bar; 2. Commonly used; 3. Notifications; 4. Split screen

Watch face switch

Watch face switch: Hold the home screen to change the different watch faces.

Watch band

1. PRESS / 2. PULL

Strap change: One hand press back case button, another hand push the strap out.

Charging instruction: This product adopts a wireless charger that supports mobile phone chargers within 5V and computer USB port. Put the watch on the charging puck and it will automatically charge. A full charge takes about 3 hours.

Connection

Watch connects to Phone, download the App in the Phone at very first, reference following 2 methods.

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Android/i0S Phone: Scan following QR code image by browsers or by any Scanner to Download.

After installation, turn on phone Bluetooth and App, confirm the notifications and others permission app asks are enabled, and fill up personal information. Tap "Add device'', search "Watch8" device (turn on the GPS in the smart phone before binding) and tap connect.

Message settings

In App — Device - Notifications, select the corresponding Apps, turn ON the switch.

What if I don't get the notice?

1. The watch's notification only synchronous phone notifications from notification center, such as incoming calls, SMS, WhatsApp, WeChat etc., if the phone doesn't receive notifications in notification center, then the watch cannot receive them either, it must set as phone able to receive notifications of the corresponding Apps, turn ON the notification permission in phone setting.

2. If still not receiving any notification after step (1). Reset the watch to factory setting, enter the Bluetooth settings in the phone, and check if it's connected device has "Watch8". If so, please unpair, turn OFF the phone's Bluetooth, then turn it ON again to reconnect.

3. If all above 2 steps cannot solve the notification issue, uninstall the App and download it again. Remember agree all permissions App asks when the installation done and very beginning turn the App on, and then reconnect again.

Main Features

Firmware upgrade:

As Bluetooth connected, in App, Tap "Device- "Firmware version"- it will remind you if there's a new version available for update. During the updating, it will show a process bar, wait it until complete. Watch will restart and reconnect the phone App. Do not operate the watch during the update. It takes 3-5 mins.

Call:

This device supports Bluetooth calls, and the watch controls the phone to make or receive calls. Tap the Bluetooth call icon in the drop-down menu, in phone-Settings-Bluetooth-search for "Watch Call" and connect to watch. The Bluetooth call audio can be turned off, then watch cannot make or receive Bluetooth calls, and the low power consumption mode is turned on by default, which can extend the use time.

Phonebook:

After connected to the phone App, you can add 10 frequently used contacts to the watch phonebook from the App.

Language/Time/Date:

Synchronizing of language /date/time between the mobile phone and the Smart Watch after being connected.

Blood Pressure Function:

Please put your hands flat on a surface and do not move. When this function is activated, it needs about 45 - 50 seconds of measuring and reading to provide a result. [Please note: The device is not a medical device. Any values shown are for reference only.]

Standby watch faces:

There are couples of watches faces for options, long press 3 seconds at home screen to switch different watch faces; also allows download new watch faces in the App; it is able to customize your photos as watch face background.

Sleep monitor:

Sleep monitoring will be automatically active from 10:00pm to 8:00am the next day. You can check the details of sleep quality with the app in the phone.

About:

Check model number, Bluetooth address, version number.

Exercise:

Select a sport mode to record your workout. Enter to start the activity, slide right to pause the workout, tap to end the workout. It records the duration, calories, heart rate, etc.

Notifications:

Synchronizing and display of app notifications such as Facebook, WhatsApp, SMS, Email etc., between the mobile phone and the Smart Watch. Up to 8 notifications can be displayed on the watch. Please adjust the settings in the Fundo app and allow notifications to be displayed (app permissions). It is able to decline incoming calls via watch.

Reset:

Tap to reset all data (factory mode). Activity info: Showing the workout and health data including Steps, Distance, Calorie's consumption. This data will be saved until midnight (12:00 am) every day and then reset to 0 values for coming day. You can look up previous data in History.

Heart Rate Monitoring Function:

When this function is activated, the heart rate is being measured by the device scanning the surface capillary of the skin with green optical diodes Please allow for about 2 seconds to start measuring and recording. Slide to other menus to stop measuring. Please refer to information about average heart rate, heart rate while exercising for your age group and gender online

and/or ask your medical practitioner for advice. [Please note: The device is not a medical device. Any values shown are for reference only.]

Female Period:

Set your own period time, better remind to manage your health.

Stopwatch Function:

Press the start and pause, again press for stop.

Blood Oxygen Function:

Blood oxygen (SPO2H) level is the amount of oxygen circulating in the blood. Please refer to information about healthy or abnormal blood oxygen percentage for your age group and gender online and/or ask your medical practitioner for advice. [Please note: The device is not a medical device. Any values shown are for reference only.]

Alarm Function:

You can set several alarm times via the Fundo app on the phone.

Sedentary, drink reminder:

Via the App set a time for exercise and/or a reminder to drink.

Find Phone Function:

As the device and phone are connected, the Find Phone Function can support locating your mobile phone. Tap "Find Phone" and locate your phone via the ringtone/sound coming from your phone.

Wrist Wakeup:

You can "wake up" the watch with wrist movement. Please set this function with the app. Please note that this might increase power consumption.

Electrocardiogram (ECG) Function:

The device combines an optical heart rate sensor and ECG sensor to show information about the user's heart function for reference. When this function is activated it needs about 30 seconds of measuring and reading to provide a result at the App to review. [Please note: The device is not a medical device. Any values shown are for reference only.]

Remote Control (Music):

Allows to activate and control music playback on the phone via the Smart Watch (a music playback app should be installed on the phone).

Extent of Warranty

This warranty only covers defects in workmanship or parts. All defective products or parts will be repaired or replaced. The warranty does not cover repairs or replacement of wear items, such as batteries and belts, due to natural wear and tear

Not Included in the Warranty Terms

This warranty does not include:

• Any defects caused by an accident, misuse, abuse, improper installation or operation, lack of reasonable care, unauthorized modification, loss of parts, tampering or attempted repair by a person not authorized by the distributor.

• Any product that has not been installed, operated or maintained in accordance with the manufacturer's instruction manual provided with the product.

• Any product that has been used for purposes other than the intended use.

• Any damage caused by improper power input or improper cable connection.